



Mindset, Grit and Optimism: Promoting Skills that Lead to Academic Tenacity

Why is it that the smartest people are not necessarily the most successful? Research shows us time and time again that there are non-cognitive factors that can have a far greater impact than IQ on both academic and long-term success. These factors include mindset, students' beliefs about their intelligence and abilities, their habits of self-control and their reactions to everyday setbacks. Come learn relatively **simple educational and psychological interventions that target these factors and can transform students' experiences and achievements in school and in life.**

This training can be offered as a full-day (6 hour), half-day or a shorter workshop or series of workshops at your location of choice. It is designed for educators and helping professionals who work with grades K-12; but can be modified for parents and caregivers. Mindset, Grit and Optimism: Promoting Skills that Lead to Academic Tenacity is eligible for Act 48

and NASW Continuing Education Credit. The instructor will distribute the appropriate form to interested attendees during this training.

For the full course description and a list of all continuing education trainings offered by Center for Schools and Communities, go to: www.Center-School.org/training.

For dates of availability and pricing, email Amy Moritz at amoritz@csc.csiu.org or call 717-763-1661 ext. 191.



Center for Schools and Communities • 275 Grandview Avenue, Camp Hill, PA 17011 • www.Center-School.org • (717) 763-1661