



Cultivating Empathy for Healthy Relationships and Collaborative Classrooms

Empathy can be defined as the ability to feel or imagine another person's emotional experience and is an important part of social and emotional development. Although most children are born with a capacity for empathy, they can also gradually learn to become more empathetic when the skill is nurtured by the people with whom they spend most of their time.

Join us for this training opportunity that will first challenge you to examine your own empathy skills and offer ways to enhance them. Next, you will explore several **practical and engaging activities and discussions you can have with your students to help develop empathy and perspective-taking.**

This training can be offered as a full-day (6 hours), half-day or as a shorter workshop or series of workshops at your location of choice. It is designed for educators and

professionals who work with grades K-12; but can be modified for parents and caregivers. This training is eligible for **Act 48 and NASW Continuing Education Credit.**

This training has been aligned with PA Core Standards, Academic Standards for Career Education and Work and Standards for Student Interpersonal Skills. For the full course description and a list of all continuing education trainings offered by Center for Schools and Communities, go to: www.Center-School.org/training

For dates of availability and pricing, email Amy Moritz at amoritz@csc.csiu.org or call 717-763-1661 ext. 191.

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Center for Schools and Communities • 275 Grandview Avenue, Camp Hill, PA 17011 • www.Center-School.org • (717) 763-1661

